

beauty bag

Starting and sticking to a pre-wedding beauty regimen is easier than ever thanks to this lineup of new, innovative products. —Isabelle Gullö



HEAD TO TOE

Light, nourishing and all-organic, Natura Culina's **Hair & Scalp Oil** brings shine and promotes healthy hair growth, while the company's heavenly **Body Scrubs** and **Shea Butters** inspire silky smooth skin for the big day and beyond (hair oil, \$37; body products, from \$22; naturaculina.com).

Revive dry post-winter feet with **Triple Butter Foot Balm** from Earth Therapeutics, which fuses ultrahydrating cocoa, mango and shea butter, plus healing tea tree oil and aloe vera, to heal and deeply moisturize your tootsies (\$11.99, earththerapeutics.com).



Cellulite Be Gone Concerned about cellulite and uneven skin tone? We've got the solution. Karin Herzog's revolutionary **Silhouette** and **Tonus B12** reduce signs of bumps and dimples by penetrating the skin and breaking down and draining even the most stubborn fatty deposits (\$30, karinherzog.com).



TOUCH UP

Don't leave home without these makeup basics.

Dr. Hauschka's all-organic **Lip Gloss** inspires soft, kissable lips with just the right amount of shine (\$19.95, drhauschka.com).



SKN's **Mineral Sheer Tint SPF 20** in Natural Glow is equal parts foundation, sunscreen and antioxidant lotion (\$40, loveyourskn.com).



The new, smudge-free and water-proof **Eyeliner Pencil** by Blinc offers unsurpassed hold, while Blinc's famous tubing mascara stays put all day without reapplication, even if you cry or rub your eyes (\$25 and \$26, blincinc.com).



SKIN SAVVY

Among expert Trina Renea's most popular skincare releases, this trio of serums do wonders for your face, protecting it from toxins, reducing signs of aging and providing intense hydration (all available at facialbungalow.com).

- **24/7 Defense** contains 18 powerful antioxidants that fight inflammation, dryness and age spots caused by free radicals (\$72.00).
- **Flawless Youth Serum** combines five proven anti-aging technologies to reduce puffiness, lines and wrinkles and firm the skin (\$100.00).
- **Bye Bye Dry Serum** mimics the skin's natural oil and repairs dry skin in seconds without ever causing you to break out (\$40).

SQUEAKY CLEAN



- » Silk'n **Blue Cleanse** incorporates glycolic acid to remove dead cells and excess oil and stimulates the growth of new cells to promote a smoother, younger-looking skin (\$31, silkn.com).



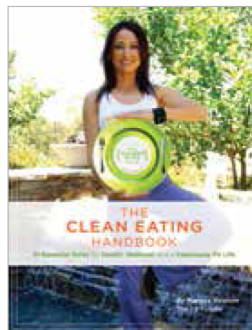
- » Another newcomer to love, Natura Culina's **Foaming Lavender Face Wash** is made of pure, certified organic coconut oil and lavender essential oil to gently cleanse and moisturize any type of complexion (\$25, naturaculina.com).



- » Enhance your cleansing ritual with **DermBeaute**, Silk'n's cutting-edge, deep-penetrating facial brush, which promotes clear, gorgeous and radiant skin (\$79.99, silkn.com).



Perfect Protection
The Antioxidant Daily Face Protectant SPF 30 by Jan Marini protects against UVA and UVB rays and packs powerful antioxidants. A great moisturizer and sunscreen in one (\$48, janmarini.com).



HEALTHY HABITS

What you put in your body is even more important than what you put on it. That's the message behind Mareya Ibrahim's *The Clean Eating Handbook* (4.99, thecleanerplateclub.com), which shows how to improve eating habits and shed pounds by

ridding your fridge and pantry of junk food and replacing it with fresh produce, lean protein and clean beverages and condiments.